

## Formulation of drug delivery systems with patient as well as student centricity

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PhD Scientific Days, April 26, 2019

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## Cost of non-compliance

Patients want their medications to mesh with their daily lives and regular activities.



Physicians want their patients to maintain strict therapy schedules.



Non-compliance in the US alone was estimated to be as much as **\$290 billion** (13% of total annual health care expenditure)!

*Report from New England Healthcare Institute (2010)*

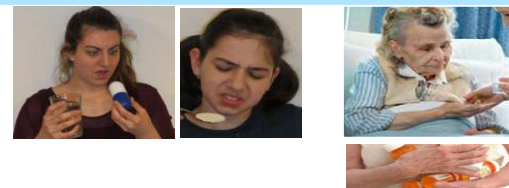
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## Patient compliance

- Dosage schedule
- Dosage time
  - interval
  - Before, with, after meals
- To avoid interaction (time periods)
- Function of the dosage forms  
(e.g. intact, subdivided if possible)

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## Patient-centric?



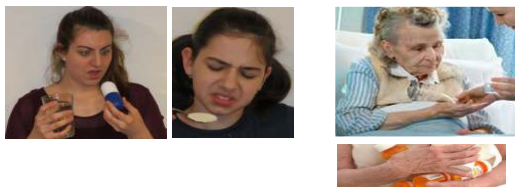
### Quality defined by ICH Q9

Although there are a variety of stakeholders including patients and medical practitioners as well as government and industry, **the protection of the patient** by managing the risk to quality should be considered of prime importance.

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### Patient-centric?

ICH Q8: „In all cases, the product should be **designed to meet patients' needs** and the intended **product performance**.”



Optimization of the composition, structure, applicability, tolerability and drug delivery of the pharmaceutical dosage form to ensure **tolerability and efficacy, and to meet the patient's needs**

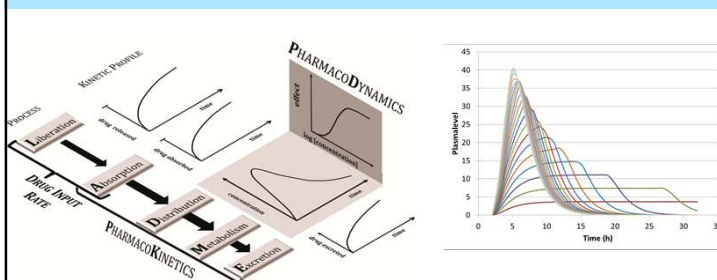
5

### Patient-centric drug delivery

- How can Drug Delivery serve patient needs?
- How can Drug Delivery serve patient's pharmacokinetic needs?
- How can Drug Delivery serve patient's individual pharmacokinetic needs?

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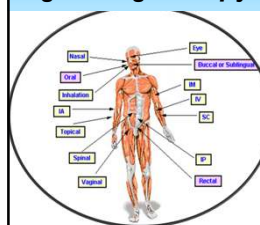
### Pharmacokinetic background for DDSs



Stegemann S, Klebovich I, Antal J, Blume H H, Magyar K, Németh G, Paál T L, Stumptner W, Thaler G, Van De Putte A, Shah V P: Improved therapeutic entities derived from known generics as an unexplored source of innovative drug products. *EUROPEAN JOURNAL OF PHARMACEUTICAL SCIENCES* 44:(4) pp. 447-454. (2011)

7

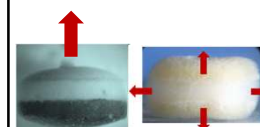
### Right drug therapy with patient-centric drug delivery



Right route of administration



Right dosage form



Right type of drug release rate/mechanism (biopharmaceutics)

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## Approaches for Drug Delivery Systems



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## Changing the paradigm in 1960-s for DDSs

**Alejandro Zaffaroni**

1922 Montevideo

1951 Ph.D (University of Rochester)

1968 ALZA Corp. (Palo Alto, California)

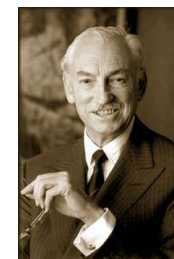
1995 National Medal of Technology.



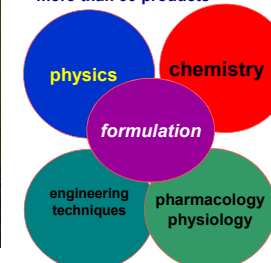
a member of the  
Johnson & Johnson  
Company

„The human spirit is always in the search for new ideas.“

„It seemed to me quite evident that the way in which we administer the agents to the body are wrong, and if it is wrong for the hormones, why is it not also wrong for every compound that we throw all at once into the body?“

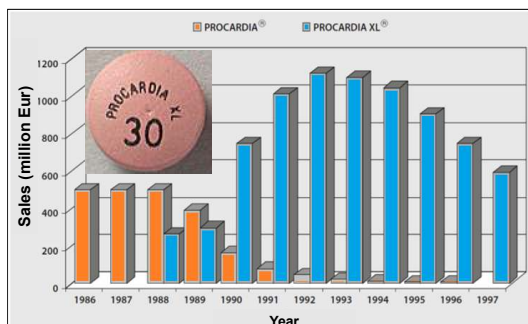


more than 30 products



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## Rediscovery of nifedipine in DDS: the original PK profile led to a blockbuster DDS product



Scrip Magazine May 2000

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## New advances in therapy that influence the development of DDSs

- ✓ Chronopharmacology
- ✓ Nanotechnology
- ✓ Biotechnology
- ✓ Pharmacogenetics
- ✓ Pharmacogenomics
- ✓ Pharmacoproteomics
- ✓ Pharmacometabolomics
- ✓ Pharmaceutical care

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### Advances in pharmacology that influence the development of DDSs

- ✓ Improved efficacy
- ✓ Improved safety and tolerability
- ✓ Improved patient compliance
- ✓ Chronopharmacological benefits
- ✓ Reduced cost of drug development
- ✓ Extended product lifetime
- ✓ Reduction of risk of failure in new product development

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### Drug delivery systems advantages and limitations

#### Clinical advantages

- ✓ Reduction in frequency of drug administration
- ✓ Improved patient compliance
- ✓ Reduction in drug level fluctuation in blood
- ✓ Reduction in total drug usage when compared with conventional therapy
- ✓ Reduction in drug accumulation with chronic therapy
- ✓ Reduction in drug toxicity (local/systemic)
- ✓ Stabilization of medical condition (because of more uniform drug levels)
- ✓ Improvement in bioavailability of some drugs because of spatial control
- ✓ Economical to the health care providers and the patient

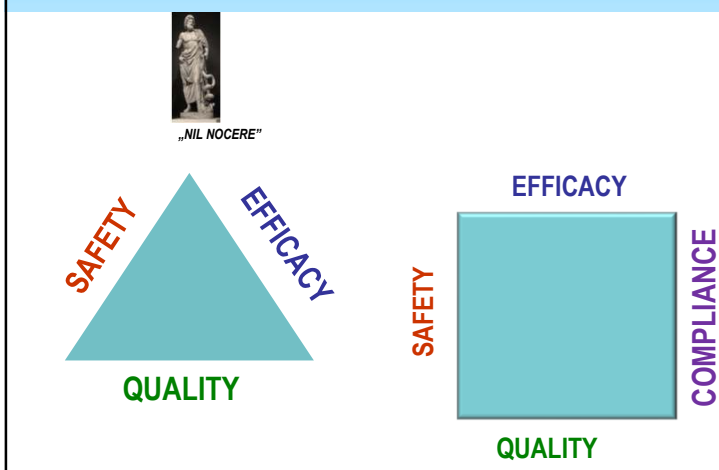
#### Commercial/industrial advantages

- ✓ Illustration of innovative/technological leadership
- ✓ Product life-cycle extension
- ✓ Product differentiation
- ✓ Market expansion
- ✓ Patent extension

Tiwari SB, Rajabi-Siahboomi AR.: Extended-release oral drug delivery technologies: monolithic matrix systems. Methods Mol Biol. 2008;437:217-43

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### Requirements for the drug therapy



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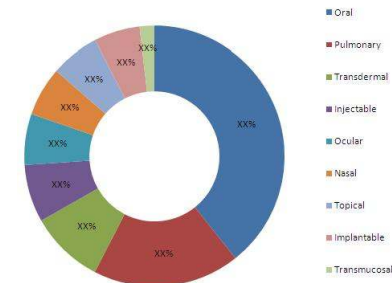
### „Drug Delivery Systems“

#### Drug delivery market:

2013: 160 bn USD  
2019: 300 bn USD

#### Routes

Per os  
Pulmonary  
Transdermal  
Injectable  
Ocular  
Nasal  
Local, topical  
Implants  
Transmucosal



Forrás: Market and Research

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### Alternative dosage forms

**Buccal films**

**Inhalation devices**

**Microfabrication**

**Iontophoresis ITS (Iontophoretic Transdermal System).**

9.7 mg fentanyl  
40 ug/10 min

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### New insulin product for inhalation (2015)

Technosphere® Insulin particle (SEM)

crystalline      amorphous

Matrix: fumaril-diketo-piperazin (FDKP)  
soluble at pH>=6  
Excreted is unchanged form

Forrás: Mannkind Corp. INNOVATION IN DRUG DELIVERY  
BY INHALATION  
Angelo R et al. Technosphere® Insulin: *Defining the Role of Technosphere Particles at the Cellular Level*. J Diabetes Sci Technol. 2009; 3(3): 545-554.

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### How to identify the right medicine?

**Polypharmacy in older adults**

- Elderly take an average of 2 – 6 prescription medicines and 1 – 3 non-prescription drugs
- 57 % of woman 65 years take ≥ 5 Rx drugs & 12 % ≥ 10 Rx drugs

Visual impairments and poor vision are common in elderly that impact:

- ✓ **Seeing and indentifying the drug products**
- ✓ **Reading medication information**

**Poor visual acuity**

**Good visual acuity**

Easy to distinguish	%
White/red	60
Yellow/red	54
White/light blue	52

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### „Proteus Digital Health“

U.S. Patent Number 7,916,004.  
“Communication System with Partial Power Source,”

Data Sharing Between Patients and Health-Care Providers

Health-Care Providers

Family and Caregivers

Secured Data Server

Mobile Phone with Software

PPM Placement Zone

Data Sharing Between Patient, Family, and Caregivers


No microchip!  
Upon contact with a gastric juice, the electrolytes of the tablet's coating layer are dissolved and a voltage potential is created as sign.

<http://lifesciences.ieee.org/articles/feature-articles/247-a-digital-health-solution-for-using-and-managing-medications>

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[illegible]

**Advantage of pellets for swallowing difficulties**



***prolonged release pellets in capsule***

*„...Swallow your capsules whole with a glass of water. **If you prefer, you can open the capsules and sprinkle the contents on to cold soft food, such as yoghurt. You must only take the capsules by mouth. Do not crush or chew the capsule or the capsule contents...**”*

## MUPS for dysphagia...

- Gastroresistant pellet with omeprazole
- Emptying a capsule
- Halving the tablet

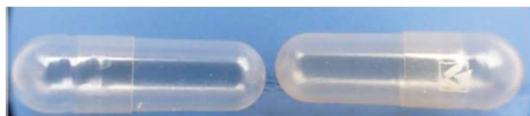


The images demonstrate the process of converting solid oral dosage forms into a liquid suspension for patients with dysphagia. The top image shows capsules being emptied to release small white pellets. The middle image shows a tablet being cut in half to reveal its granular interior. The bottom image shows the resulting suspension of these pellets in a liquid, ready for ingestion.

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## Capsules



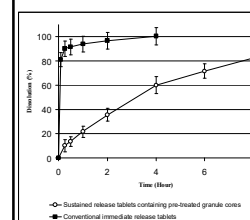
Conventional hard gelatine

HPMC capsules (Vcaps)  
e.g. for vegetarians

How important is "vegetarian" in the purchase decision for a Health & Nutrition supplement? Research, conducted by the Natural Marketing Institute in 2013, showed that **38% of consumers in the US prefer capsules that are plant-based**. This is a growing trend and up from previous national and global surveys. To receive more detailed information, contact your Customer Service Representative.

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## Case study: Gastroretentive DDS



### (WO/2009/013552) CONTROLLED RELEASE PHARMACEUTICAL COMPOSITION OF TOLPERISON HYDROCHLORIDE

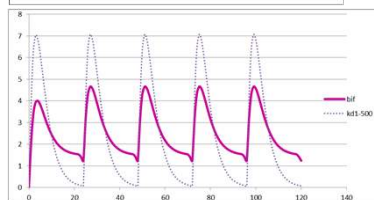
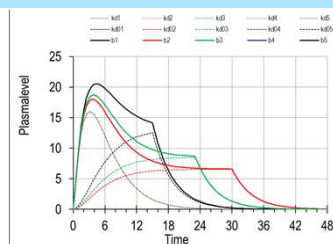
Biblio. Data	Description	Claims	National Phase	Notices	Documents
Latest bibliographic data on file with the International Bureau					
Pub. No.:	WO/2009/013552	International Application No.:	PCT/HU2008/000086		
Publication Date:	29.01.2009	International Filing Date:	22.07.2008		
IPC:	A61K 9/20 (2006.01), A61K 31/443 (2006.01), A61K 9/50 (2006.01)				
Applicants:	RICHTER GEDON NYRT, [HU/HU], Gyömrő út 19-21, H-1103 Budapest (HU) (All Except US)				

### (WO/2009/007762) METRONIDAZOLE CONTAINING EXTENDED RELEASE FLOATING PHARMACEUTICAL COMPOSITION

Biblio. Data	Description	Claims	National Phase	Notices	Documents
Latest bibliographic data on file with the International Bureau					
Pub. No.:	WO/2009/007762	International Application No.:	PCT/HU2008/000081		
Publication Date:	15.01.2009	International Filing Date:	09.07.2008		
IPC:	A61K 9/00 (2006.01), A61K 9/20 (2006.01), A61K 9/48 (2006.01)				
Applicants:	RICHTER GEDON NYRT, [HU/HU], Gyömrő út 19-21, H-1103 Budapest (HU) (All Except US)				

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## Case study: Multiphase DDS with biphasic drug release (1st and 0-order)



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## Case study



European Journal of Pharmaceutical Sciences 15 (2002) 157–162



### In vitro simulation of food effect on dissolution of deramciclane film-coated tablets and correlation with in vivo data in healthy volunteers

Samar Al-Behaisi<sup>a,\*</sup>, István Antal<sup>a</sup>, György Morovján<sup>a</sup>, József Szinyog<sup>a</sup>, Sándor Drabant<sup>a</sup>, Sylvia Marton<sup>a</sup>, Imre Klebovich<sup>a</sup>

<sup>a</sup>Research & Development Directorate, EGES Pharmaceuticals Ltd., Kerecskori út 30–38, H-1106 Budapest, Hungary

<sup>b</sup>Pharmaceutical Institute, Semmelweis University, Hgyes E. u. 7, 1092 Budapest, Hungary

Received 27 March 2001; received in revised form 30 August 2001; accepted 9 September 2001

#### Abstract

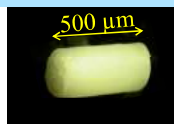
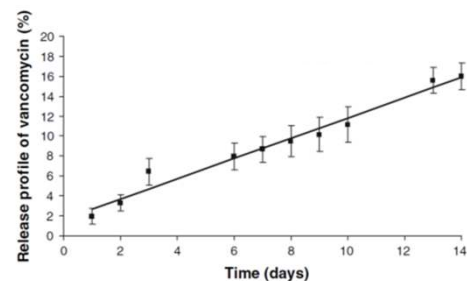
The in vitro dissolution profiles of deramciclane 30 mg film-coated tablets, an acid-labile new 5-HT receptor antagonist, were studied under simulated fasting and fed conditions. Artificial gastric juice with pH adjusted to that of fasting conditions was applied either alone or after adding different dietary components. The use of the USP dissolution apparatus II (paddle method) showed that the presence of dietary components has markedly affected the amount of unchanged drug dissolved. As a similar tendency had been observed in food-effect studies in healthy volunteers, cumulative area under the curve (AUC<sub>0–∞</sub>) for both fed and fasting conditions were compared and an in vitro–in vivo correlation (IVIVC) was evaluated. A linear relationship was established between logarithm in vivo blood sampling time and in vitro dissolution time assigned to equal AUC<sub>0–∞</sub> ratios (AUC<sub>0–∞, fed</sub>/AUC<sub>0–∞, fast</sub>). Despite its limitations, in vitro modelling of in vivo conditions might help provide a base for predicting in vivo drug behaviour. © 2002 Published by Elsevier Science B.V.

**Keywords:** Deramciclane; Dissolution; Food effect; AUC<sub>0–∞</sub> in vitro–in vivo correlation

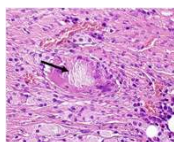
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### Multiunit DDS for orthopaedic surgery

vancomycin containing waxy carrier systems that release the antibiotic over a prolonged period (2-8 weeks).



melt extruded sticks



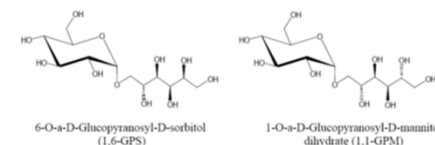
biodegradation by phagocytosis

Laki M, Hajdú M, Ludányi K, Zahár Á, Szendroi M, Klebovich I, Antal I: Evaluation of a new LC method for analysis of vancomycin released from an orthopaedic drug carrier system. *Chromatographia* 68: 141-144. (2008)

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### Case study for key formulation factors: **coated layered pellets**

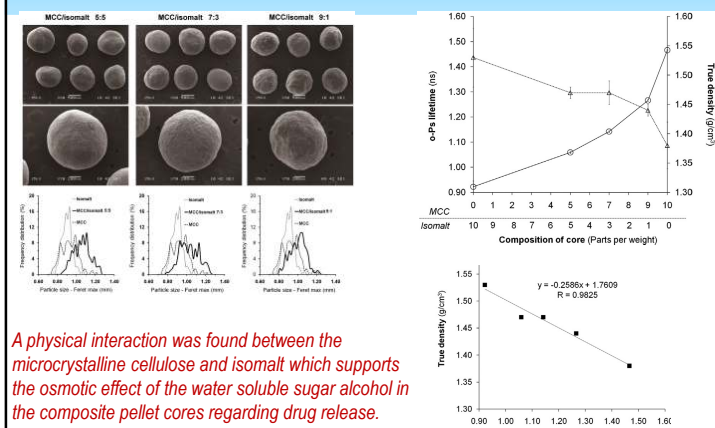
Isomalt (galenIQ® 980 and 981)



- sugar free
- low hygroscopicity
- low compatibility
- no additives for the production

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### Case study for key formulation factors: **composite pellet core**



A physical interaction was found between the microcrystalline cellulose and isomalt which supports the osmotic effect of the water soluble sugar alcohol in the composite pellet cores regarding drug release.

Antal I, Kállai N, Luhn O, Bernard J, Nagy ZK, Szabó B, Klebovich I, Zelkő R.: Supramolecular elucidation of the quality attributes of microcrystalline cellulose and isomalt composite pellet cores. *J Pharm Biomed Anal.* 84:124-8 (2013)

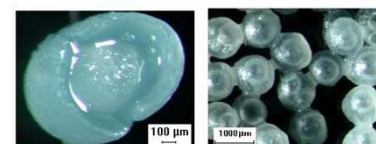
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### Case study for key formulation factors: **coated layered pellets**

**Dissolution study with simulation of osmotic effect in the GIT**

The effect of the osmolality in the GIT was simulated using glucose as osmotically active agent during in vitro dissolution tests in pH=6.8 phosphate buffer:

0.106 Osmol/kg  
0.483 Osmol/kg  
0.706 Osmol/kg



1 hour

24 hours

32





**Case study**

Journal of Pharmaceutical and Biomedical Analysis 98 (2014) 139–144

Contents lists available at ScienceDirect

**Journal of Pharmaceutical and Biomedical Analysis**

journal homepage: [www.elsevier.com/locate/jpba](http://www.elsevier.com/locate/jpba)

**Comparative dissolution study of drug and inert isomalt based core material from layered pellets**

Nikolett Kállai-Szabó<sup>a</sup>, Oliver Luhn<sup>b</sup>, Joerg Bernard<sup>b</sup>, Barnabás Kállai-Szabó<sup>c</sup>, Romána Zelkó<sup>d</sup>, István Antal<sup>a,\*</sup>

<sup>a</sup> Department of Pharmaceutics, Semmelweis University, Hágas E. Street 7-9, 1092 Budapest, Hungary  
<sup>b</sup> Südracker AG, Central Department Research, Development and Technological Services, Department of Product Technology, Pharmaceutical Technology, Wurmser Street 11, 67283 Orléheim, Germany  
<sup>c</sup> Formulation R&D, Codex Richter Ltd., Gyömrői Street 19-21, 1103 Budapest, Hungary  
<sup>d</sup> University Pharmacy Department of Pharmacy Administration, Semmelweis University, Hágas E. Street 7-9, 1092 Budapest, Hungary

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**Keywords:**  
 Diclofenac sodium  
 Isomalt  
 Inert pellet core  
 Drug and excipient dissolution  
 Model controlled release

**ABSTRACT**

Layered and coated pellets were formulated to control the release of the diclofenac sodium selective model drug. A highly water soluble isomalt inert pellet core material was used to osmotically modulate the drug release through the swellable polyvinyl acetate coating layer. Image analysis was applied to determine the shape parameters and the swelling behavior of the pellets. UV-spectroscopy and liquid chromatography with refractive index detection were applied to measure the concentration of the model drug and the core materials. Simultaneous dissolution of both the diclofenac sodium and isomalt was observed. Relationship was found between the dissolution profile of the drug and the core material with linear correlation was independent on the coating level. The latter enables the modulation of drug release beside the permeability control of the swelled coating polymer.

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**Case study**

JOURNAL OF AEROSOL MEDICINE AND PULMONARY DRUG DELIVERY  
 Volume 30, Number 4, 2017  
 © May 2017  
 ISSN: 1074-2612  
 DOI: 10.1089/jamp.2016.1316

**Study on the Pulmonary Delivery System of Apigenin-Loaded Albumin Nanocarriers with Antioxidant Activity**

Zsófia Edit Pápay, PhD<sup>1</sup>, Annamária Kósa, PhD<sup>2</sup>, Béla Böddi, PhD<sup>2</sup>, Zoltán Mercuri, PhD<sup>2</sup>, Ikeran Y. Sakem, PhD<sup>3</sup>, Mohammed Gulrez Zakiwala, PhD<sup>2</sup>, Imre Klobouch, PhD<sup>1</sup>, Sanyarajana Somavarapu, PhD<sup>2</sup>, and István Antal, PhD<sup>1</sup>

**Abstract**

**Background:** Respiratory diseases are mainly derived from acute and chronic inflammation of the alveoli and bronchi. The pathophysiological mechanisms of pulmonary inflammation mainly arise from oxidative damage that could ultimately lead to acute lung injury. Apigenin (Api) is a natural polyphenol with prominent pro-oxidant and anti-inflammatory properties in the lung. Inhalable formulations that consist of nanoparticles (NPs) have several advantages over other administration routes, and therefore, this study investigated the application of apigenin-loaded bovine serum albumin nanoparticles (BSA-Api-NPs) for pulmonary delivery.

**Methods:** Dry powder formulations of BSA-Api-NPs were prepared by spray drying and characterized by laser diffraction particle sizing, scanning electron microscopy, differential scanning calorimetry, and powder X-ray diffraction. The influence of dispersibility enhancers (lactose monohydrate and L-leucine) on the *in vitro* aerosol deposition using a next-generation impactor was investigated in comparison to excipient-free formulation. The dissolution of Api was determined in simulated lung fluid by using the Franz cell apparatus. The antioxidant activity was determined by 2,2-diphenyl-1-picrylhydrazyl (DPPH) free radical scavenging assay.

**Results:** The encapsulation efficiency and the drug loading were measured to be 12.61% ± 4.56% and 7.51% ± 0.415%, respectively. The optimized spray drying conditions were suitable to produce particles with low residual moisture content. The spray-dried BSA-Api-NPs possessed good aerodynamic properties due to small and well-defined particles with low mass median aerodynamic diameter, high content dose, and fine particle fraction. The aerodynamic properties were enhanced by leucine and decreased by lactose; however, the dissolution was severely affected. The DPPH assay confirmed that the antioxidant activity of encapsulated Api was preserved.

**Conclusion:** This study provides evidence to support that albumin nanoparticles are suitable carriers of Api and the use of traditional or novel equipment should be taken into consideration. The developed BSA-Api-NPs are a novel delivery system against lung injury with potential antioxidant activity.

**Keywords:** aerosol distribution, inhaled therapy, modeling, flavonoid

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**Case study**

Journal of Pharmaceutical and Biomedical Analysis 134 (2017) 86–93

Contents lists available at ScienceDirect

**Journal of Pharmaceutical and Biomedical Analysis**

journal homepage: [www.elsevier.com/locate/jpba](http://www.elsevier.com/locate/jpba)

**Physicochemical analysis in the evaluation of reconstituted dry emulsion tablets**

Noémi Anna Niczinger<sup>a</sup>, Barnabás Kállai-Szabó<sup>a</sup>, Miléna Lengyel<sup>a</sup>, Péter Gordon<sup>b</sup>, Imre Klebovich<sup>a</sup>, István Antal<sup>a,\*</sup>

<sup>a</sup> Department of Pharmaceutics, Semmelweis University, 7 Hágas Endre Str., H-1092 Budapest, Hungary  
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 Oil-in-water  
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 Contact angle  
 Laser diffraction  
 Turbidimetry  
 Scanning microscopy

**ABSTRACT**

The aim of this study was to characterize the formation of emulsions by droplet size analysis and turbidimetry during reconstitution from a solid dosage form, namely from dry emulsion systems, which carry an oil phase for poorly soluble active ingredients. For the dry emulsion systems tablets were prepared either from oil-in-water systems using a freeze-drying process or through direct compression containing the same oil and excipients. The ratios of oil to emulgents and oil to xanthan gum were equal in both methods. In the preparation methods applied, mannitol, erythritol and lactose were used as excipients and mannitol was found to be the most effective excipient based on droplet size reconstitution, turbidimetry and physical properties. Quality control involved testing the physical properties of tablets and characterizing the reconstituted emulsions.

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**Case study**

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journal homepage: [www.elsevier.com/locate/jpba](http://www.elsevier.com/locate/jpba)

**Comparative evaluation of the effect of cyclodextrins and pH on aqueous solubility of apigenin**

Zsófia Edit Pápay<sup>a</sup>, Zita Sebestyén<sup>a</sup>, Krisztina Ludányi<sup>a</sup>, Nikolett Kállai<sup>a</sup>, Emese Balogh<sup>a</sup>, Annamária Kósa<sup>b</sup>, Sanyarajana Somavarapu<sup>c</sup>, Béla Böddi<sup>b</sup>, István Antal<sup>a,\*</sup>

<sup>a</sup> Department of Pharmaceutics, Semmelweis University, Hágas E. Street 7-9, H-1092 Budapest, Hungary  
<sup>b</sup> Department of Plant Anatomy, Institute of Biology, Eötvös University, Pázmány Péter Street 1/C, Budapest, Hungary  
<sup>c</sup> Department of Pharmaceutics, UCL School of Pharmacy, 29-39 Brunswick Square, London WC1N 1AX, United Kingdom

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 Apigenin  
 Solubility improvement  
 Cyclodextrins  
 Phase solubility studies  
 Antioxidant activity


**ABSTRACT**

The aqueous solubility of a flavonoid, apigenin, was studied in the presence of first generation cyclodextrins ( $\alpha$ -CyD,  $\beta$ -CyD,  $\gamma$ -CyD), ionic and nonionic synthetic derivatives of  $\beta$ -CyD, namely SBE- $\beta$ -CyD, HP- $\beta$ -CyD and RM- $\beta$ -CyD at various physiological pH. The order of solubility enhancement was as follows: RM- $\beta$ -CyD > SBE- $\beta$ -CyD >  $\gamma$ -CyD > HP- $\beta$ -CyD >  $\beta$ -CyD >  $\alpha$ -CyD. The phase solubility diagrams of HP- $\beta$ -CyD and SBE- $\beta$ -CyD indicated Higuchi A<sub>1</sub> subtype behavior, suggesting 1:1 stoichiometry of the complex, in contrast, A<sub>2</sub> subtype, so higher order complex formation can be assumed in the case of RM- $\beta$ -CyD and  $\gamma$ -CyD. The formation of inclusion complexes has been confirmed by absorption and fluorescence spectroscopic measurements. Increased antioxidant activity was observed due to the inclusion complexes. These results prove that synthetic derivatives of  $\beta$ -CyD will be potentially useful excipients in the development of drug delivery systems for healthcare products containing flavonoids.

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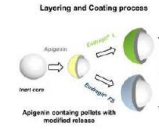
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## Case study

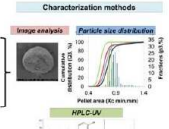


**Current Drug Delivery**  
ISSN (Print): 1567-2016  
ISSN (Online): 1875-5704  
István Tóth  
School of Pharmacy, University of Queensland  
St. Lucia, 4072  
Australia  
Back (model) controlled-release oral delivery of apigenin-containing pellets with antioxidant activity


**Layering and Coating process**



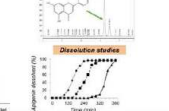
**Characterization methods**



**Antioxidant activity**



**Dissolution studies**



**Controlled release oral delivery of apigenin containing pellets with antioxidant activity**  
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Abstract: Background: Drug delivery of phytochemicals has gained interest recently due to their remarkable health effects. Apigenin, a plant flavonoid, has antioxidant, anti-inflammatory and anticancer activities but its delivery is challenging. It could be absorbed through the whole intestine, however, it has poor bioavailability due to its low aqueous solubility. In Europe, the daily intake was estimated to be as low as 261 mg. Pellets offer several advantages such as improved bioavailability and various resultant drug release profiles can be obtained by simply mixing pellets with different coatings. Objective: The objective of our study was to develop a carrier system containing 20 mg apigenin that enhancing intake and to offer reduction of oxidative stress which can cause inflammation in the intestine. Method: The apigenin powder was dispersed in aqueous solution of binding material and layered onto the inert cores in a fluidized bed apparatus. The layered cores were further coated with enteric polymers and the process parameters were optimized. Results: The prepared pellets met with the requirements and have good physical characteristics. 15% (w/v) Eudragit® L was suitable for enteric coating with a complete release at pH 6.5 within 1 hour. 15% (w/v) Eudragit® F5 coating ensured acid resistance ability and colonic delivery. The therapeutic efficiency was confirmed with antioxidant activity measurement by using DPPH assay. Conclusion: Enteric coated spheres allow targeted delivery into the intestine and colon thus reaching the main absorption site. Pellets were proved to be an optimal delivery system for apigenin thus providing enhanced apigenin intake.

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## Case study

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Current Pharmaceutical Analysis, 2015, 11, 11-15 11

### Application of Droplet Size Analysis for the Determination of the Required HLB of Lemon Oil in O/W Emulsion

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**Abstract:** Hydrophile-lipophile balance method is one of the requirements which can complete the existing guidelines, thereby making the most stable emulsion. The aim of present work was to determine the required hydrophile-lipophile balance of lemon essential oil in oil-in-water emulsions. Paraffin oil and its known required hydrophile-lipophile balance were used as a standard. Span 80 and Tween 80 or Gelucare 44/14 blend were applied as emulsifying agents. Emulsions were evaluated by droplet size distribution and turbidity measurements. Based on the estimated stability of emulsion series and according to the droplet size analysis with lower variations, the required hydrophile-lipophile balance of lemon oil was measured approximately 12 in oil-in-water system.

**Keywords:** Droplet size distribution, oil-in-water emulsion, paraffin oil standard, required HLB, surface active agents, turbidity.

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## Case study

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**Material characterisation**  
**Structural elucidation of hyaluronic acid gels after heat sterilisation**

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**ABSTRACT**  
The influence of heat sterilisation and hyaluronic acid (HA) concentration on the micro- and macrostructure of HA hydrogels was investigated. HA hydrogels of different concentrations were prepared and heat sterilised. The microstructures of the polymer gels were characterised by positron annihilation lifetime spectroscopy (PALS) based on their ortho-positronium lifetime values and distributions, while their macrostructures were characterised by rheological measurements. As expected, the heat sterilisation modified both the micro- and macrostructures of the gels. The HA concentration was also observed to influence the hydrogel structure. At a concentration of 7.5 mg/ml HA, the thermal treatment did not cause significant microstructural changes, and the viscoelastic properties of the treated gels were similar to those of the untreated samples.  
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## Case study

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**Microstructural analysis of the fast gelling freeze-dried sodium hyaluronate**

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**ABSTRACT**  
Although sodium hyaluronate is a very unstable and heat sensitive molecule, it can remain relatively stable during the freeze-drying process. Aqueous sodium hyaluronate (NaHA) gels were prepared and the obtained samples were freeze-dried. The freeze-dried NaHA samples showed fast gelling ability meanwhile preserved their initial viscoelasticity even after reconstitution. The microstructure of gels obtained from raw substance and freeze-dried NaHA samples was characterized with positron annihilation lifetime spectroscopy and X-ray diffraction patterns while their functionality-related macrostructural properties were tested based on their rheological behavior. The presence of phosphate salts improved the formation of ordered supramolecular structure retaining water in the free volume holes of the polymer chains characterized with decreased ortho-positronium lifetime values. This property may be advantageous in the development of a freeze-dried NaHA injection dosage form.  
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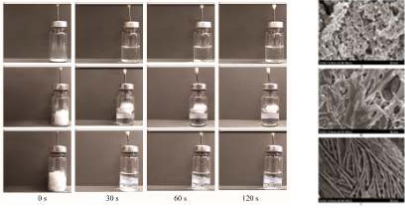
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**Case study:**  
**Viscosupplementation with reconstituted sodium hyaluronate gel**

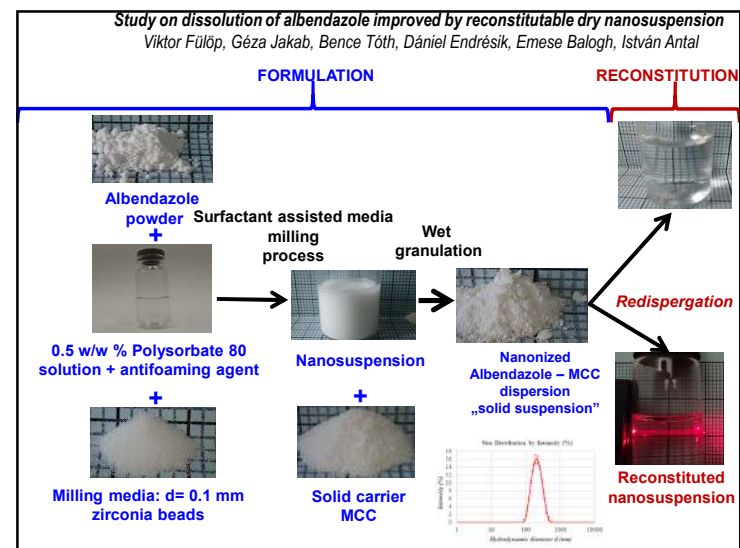


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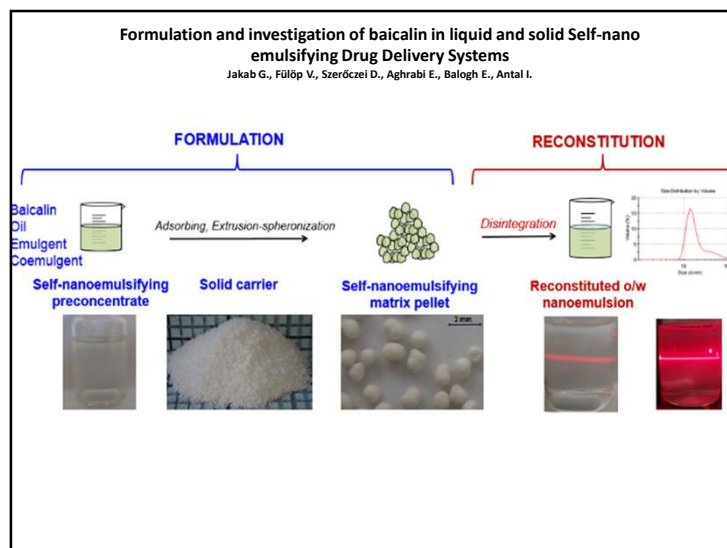
Microstructural analysis of the fast gelling freeze-dried sodium hyaluronate  
Benedek Krüger<sup>a</sup>, Szabolcs Zoltán Ágoston<sup>a</sup>, Emese Balogh<sup>a</sup>, János Seber<sup>a</sup>, Rózsika Zoltai<sup>a</sup>, István Antal<sup>a</sup>



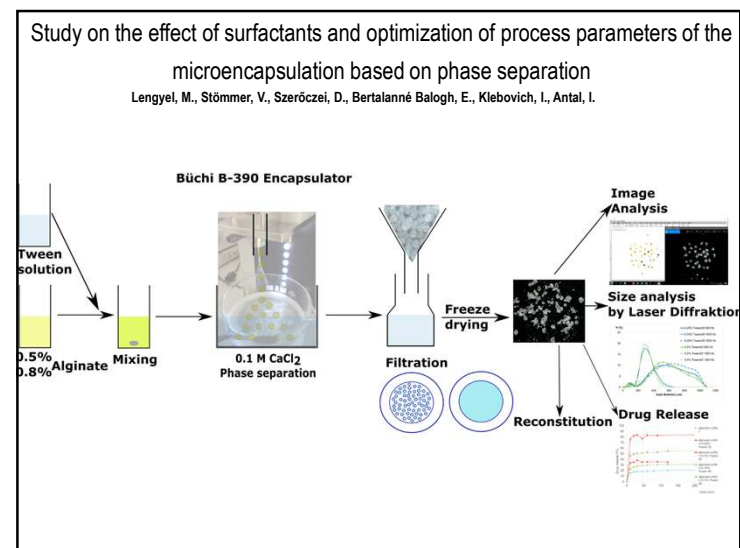
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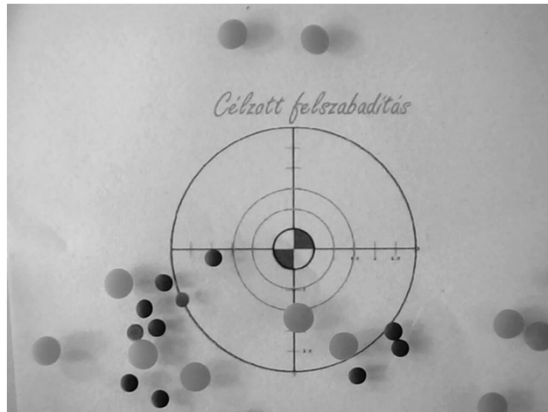


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### Magnetic sensitive alginate microbeads



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### Summary

- patient centric drug delivery systems offer improved effectiveness and tolerability,
- controlled drug release can be due to special structure (composition/manufacturing technology) and properties of the dosage forms,
- drug delivery may help the effectiveness and tolerability

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### Student centric?

- ✓ actual topic research
- ✓ interesting ideas
- ✓ motivating formulation
- ✓ time...

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***"The known is finite, the unknown infinite; intellectually we stand on an islet in the midst of an illimitable ocean of inexplicability. Our business in every generation is to reclaim a little more land, to add something to the extent and the solidity of our possessions."***



**Thomas Henry Huxley**  
4 May 1825 – 29 June 1895



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